

League of Extraordinary Children
October 2024
 Breakfast Menu

**** KEY:**
 12 MONTHS TO 23
 MONTHS RECEIVE
 WHOLE MILK



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	2 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk	3 Cheerios Orange Slices 1% Unflavored Fat Free Milk	4 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk
7 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	8 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	9 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	10 Whole Grain Waffle Strawberries 1% Unflavored Fat Free Milk	11 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk
14 CLOSED	15 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	16 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk	17 Rice Krispies Cereal Bananas 1% Unflavored Fat Free Milk	18 Whole Grain Waffle Peaches 1% Unflavored Fat Free Milk
21 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	22 Multi-grain Cheerios Strawberries 1% Unflavored Fat Free Milk	23 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	24 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	25 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk
28 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	29 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	30 Whole Grain Waffles Peaches 1% Unflavored Fat Free Milk	31 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	

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October 2024

Lunch Menu



**** KEY:**

Mixed Vegetables: Carrots,
Green Peas, and Corn

12 MONTHS TO 23 MONTHS
RECEIVE WHOLE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Meatball Whole Wheat Spaghetti with Sauce Mixed Vegetables Orange Slices 1% Unflavored Fat Free Milk	2 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	3 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	4 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
7 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	8 Black Beans White Rice Corn Pineapples 1% Unflavored Fat Free Milk	9 Turkey Meatball Whole Wheat Spaghetti with Sauce Mixed Vegetables Orange Slices 1% Unflavored Fat Free Milk	10 Whole Grain Brown Rice Lentil Soup Cucumber Banana 1% Unflavored Fat Free Milk	11 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
14 <p style="text-align: center;">CLOSED</p>	15 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	16 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	17 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	18 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
21 Turkey Meatball Whole Wheat Spaghetti with Sauce Carrots Orange Slices 1% Unflavored Fat Free Milk	22 Black Beans White Rice Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk	23 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	24 Black Beans White Rice Corn Pineapple 1% Unflavored Fat Free Milk	25 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
28 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	29 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	30 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	31 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	

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October 2024
P.M. Snack Menu



**** KEY:**
12 MONTHS TO 23
MONTHS RECEIVE
WHOLE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	2 Fat Free Strawberry Jell-O Bananas 1% Unflavored Fat Free Milk	3 Whole Grain Mozzarella Sticks Mandarins 1% Unflavored Fat Free Milk	4 Granola Bar: Chocolate Chip Strawberries 1% Unflavored Fat Free Milk
7 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	8 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	9 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	10 Chocolate Chip Sugar Free Cookies Strawberries 1% Unflavored Fat Free Milk	11 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk
14 CLOSED	15 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	16 Chocolate Chip Sugar Free Cookies Strawberries 1% Unflavored Fat Free Milk	17 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	18 Pretzels Raisins Peaches 1% Unflavored Fat Free Milk
21 Granola Bar: Chocolate Chip Strawberries 1% Unflavored Fat Free Milk	22 Mozzarella Cheese 5 Saltine Crackers Orange Slices 1% Unflavored Fat Free Milk	23 Applesauce Bananas 1% Unflavored Fat Free Milk	24 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	25 Fat Free Strawberry Jell-O Bananas 1% Unflavored Fat Free Milk
28 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	29 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	30 Fat Free Strawberry Jell-O Bananas 1% Unflavored Fat Free Milk	31 Applesauce Bananas 1% Unflavored Fat Free Milk	