

League of Extraordinary Children  
**MAY 2022**  
 Breakfast Menu

KEY:  
 \*\* 12 months to 23 months  
 receive whole milk



Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	3 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	4 French Toast Sticks Strawberries 1% Unflavored Fat Free Milk	5 Cheerios Orange Slices 1% Unflavored Fat Free Milk	6 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk
9 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	10 French Toast Sticks Strawberries 1% Unflavored Fat Free Milk	11 Cheerios Apples 1% Unflavored Fat Free Milk	12 Whole Grain Waffle Strawberries 1% Unflavored Fat Free Milk	13 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk
16 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk	17 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	18 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk	19 Corn Flakes Strawberries 1% Unflavored Fat Free Milk	20 Whole Grain Waffle Peaches 1% Unflavored Fat Free Milk
23 Rice Krispies Cereal Bananas 1% Unflavored Fat Free Milk	24 Multi-grain Cheerios Strawberries 1% Unflavored Fat Free Milk	25 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	26 Cheerios Apples 1% Unflavored Fat Free Milk	27 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk
30 <b>CLOSED</b>	31 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk			

League of Extraordinary Children

**MAY 2022**  
Lunch Menu



**\*\* KEY:**

Mixed Vegetables: Carrots,  
Green Peas, and Corn

**\*\* 12 months to 23 months**  
receive whole milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	3 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	4 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	5 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	6 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
9 Ground Beef Mashed Potatoes <b>** Mixed Vegetables</b> Orange Slices 1% Unflavored Fat Free Milk	10 Grilled Chicken Strips Whole Wheat Pasta Cucumber Banana 1% Unflavored Fat Free Milk	11 Turkey Meatball Whole Wheat Spaghetti with Sauce Carrots Orange Slices 1% Unflavored Fat Free Milk	12 Lentil Soup White Rice Green Peas Pineapple 1% Unflavored Fat Free Milk	13 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
16 Black Beans White Rice Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk	17 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	18 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	19 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	20 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
23 Turkey Meatball Whole Wheat Spaghetti with Sauce Carrots Orange Slices 1% Unflavored Fat Free Milk	24 Black Beans White Rice Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk	25 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	26 Grilled Chicken Strips Whole Wheat Pasta Cucumber Banana 1% Unflavored Fat Free Milk	27 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
30 <b>CLOSED</b>	31 Hot Dog Hot Dog Bun Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk			

League of Extraordinary Children

**MAY 2022**

P.M. Snack Menu



KEY:

\*\* 12 months to 23 months  
receive whole milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Rice Krispie Bananas 1% Unflavored Fat Free Milk	3 Applesauce Bananas 1% Unflavored Fat Free Milk	4 Granola Bar: Chocolate Chip Strawberries 1% Unflavored Fat Free Milk	5 Whole Grain Mozzarella Sticks Mandarins 1% Unflavored Fat Free Milk	6 Whole Grain Tortilla Chips Cheese Peaches 1% Unflavored Fat Free Milk
9 Whole Grain Mozzarella Sticks Mandarins 1% Unflavored Fat Free Milk	10 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	11 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	12 Applesauce Bananas 1% Unflavored Fat Free Milk	13 Vanilla Greek Yogurt Granola Strawberries 1% Unflavored Fat Free Milk
16 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	17 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	18 Chocolate Chip Sugar Free Cookies Strawberries 1% Unflavored Fat Free Milk	19 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	20 Pretzels Raisins Peaches 1% Unflavored Fat Free Milk
23 Granola Bar: Chocolate Chip Strawberries 1% Unflavored Fat Free Milk	24 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	25 Animal Crackers Peaches 1% Unflavored Fat Free Milk	26 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	27 Vanilla Greek Yogurt Granola Strawberries 1% Unflavored Fat Free Milk
30 <b>CLOSED</b>	31 Baked Potato Chips Apples 1% Unflavored Fat Free Milk			