



League of Extraordinary Children
OCTOBER 2025
 Breakfast Menu

KEY:

** 12 months to 23 months
 receive whole milk

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Whole Wheat Croissant Butter Bananas 1% Unflavored Fat Free Milk	2 Cheerios Mandarin Slices 1% Unflavored Fat Free Milk	3 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk
6 Whole Wheat Croissant Butter Pineapples 1% Unflavored Fat Free Milk	7 Whole Grain Mini Pancakes Bananas 1% Unflavored Fat Free Milk	8 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	9 Whole Grain Waffle Apricot 1% Unflavored Fat Free Milk	10 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk
13 CLOSED	14 Whole Wheat Toast Cream Cheese Mandarin Slices 1% Unflavored Fat Free Milk	15 Whole Wheat Croissant Butter Apricot 1% Unflavored Fat Free Milk	16 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	17 Whole Grain Waffle Peaches 1% Unflavored Fat Free Milk
20 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk	21 Multi-grain Cheerios Pears 1% Unflavored Fat Free Milk	22 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	23 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	24 Fruit Loops Cereal Bananas 1% Unflavored Fat Free Milk
27 Blueberry, Apple or Banana Muffin Pears 1% Unflavored Fat Free Milk	28 Cocoa Puffs Cereal Bananas 1% Unflavored Fat Free Milk	29 Whole Grain Mini Pancakes Apple Slices 1% Unflavored Fat Free Milk	30 Multi-grain Cheerios Pears 1% Unflavored Fat Free Milk	31 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk



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OCTOBER 2025
 Lunch Menu

**** KEY:**
 Mixed Vegetables: Carrots,
 Green Peas, and Corn

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Lentil Soup White Rice Green Beans Pineapple 1% Unflavored Fat Free Milk	2 Turkey Meatball Whole Wheat Spaghetti with Sauce Carrots Mandarin Slices 1% Unflavored Fat Free Milk	3 Mini Pizza Bagels Steamed Broccoli Pear Slices 1% Unflavored Fat Free Milk
6 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	7 Mac & Cheese (real cheese) Steamed Broccoli Apples 1% Unflavored Fat Free Milk	8 Whole Grain Brown Rice Red Beans Carrots Apricots 1% Unflavored Fat Free Milk	9 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	10 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
13 CLOSED	14 Black Beans White Rice Carrots Pineapples 1% Unflavored Fat Free Milk	15 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	16 Whole Grain Brown Rice Red Beans Cucumber Banana 1% Unflavored Fat Free Milk	17 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk
20 Hot Dog Hot Dog Bun Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk	21 Black Beans White Rice Carrots Apricots 1% Unflavored Fat Free Milk	22 Shredded Chicken Whole Grain Brown Rice Green Peas Pears 1% Unflavored Fat Free Milk	23 Popcorn Chicken White Rice Corn Apples 1% Unflavored Fat Free Milk	24 Turkey Meatball Whole Wheat Spaghetti with Sauce Carrots Mandarins 1% Unflavored Fat Free Milk
27 Crispy Chicken Breast Sandwich Whole Grain Bread Roll Corn Mandarin Slices 1% Unflavored Fat Free Milk	28 Whole Grain Brown Rice Lentil Soup Cucumber Banana 1% Unflavored Fat Free Milk	29 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	30 Whole Grain Brown Rice Red Beans Carrots Pear 1% Unflavored Fat Free Milk	31 Macaroni Bolognese Carrots Peach Slices 1% Unflavored Fat Free Milk



League of Extraordinary Children
OCTOBER 2025
 P.M. Snack Menu

KEY:
 ** 12 months to 23 months
 receive whole milk

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fat Free Strawberry Jell-O Bananas 1% Unflavored Fat Free Milk	2 Veggie Straws Peaches 1% Unflavored Fat Free Milk	3 Blueberry, Apple or Banana Muffin Pears 1% Unflavored Fat Free Milk
6 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	7 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	8 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	9 Chocolate Chip Sugar Free Cookies Apricot 1% Unflavored Fat Free Milk	10 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk
13 CLOSED	14 Applesauce Bananas 1% Unflavored Fat Free Milk	15 Blueberry, Apple or Banana Muffin Pears 1% Unflavored Fat Free Milk	16 Fat Free Strawberry Jell-O Pears 1% Unflavored Fat Free Milk	17 Oreos Peaches 1% Unflavored Fat Free Milk
20 Chocolate Chip Sugar Free Cookies Apricot 1% Unflavored Fat Free Milk	21 Mozzarella Cheese 5 Saltine Crackers Orange Slices 1% Unflavored Fat Free Milk	22 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	23 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	24 Ritz Crackers Mandarins 1% Unflavored Fat Free Milk
27 Oreos Peaches 1% Unflavored Fat Free Milk	28 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	29 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	30 Mozzarella Cheese 5 Saltine Crackers Pineapples 1% Unflavored Fat Free Milk	31 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk