

League of Extraordinary Children

AUGUST 2024

Breakfast Menu



KEY:

**** 12 months to 23 months
receive whole milk!**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk	2 Whole Wheat Croissant Butter Bananas 1% Unflavored Fat Free Milk
5 Honey Nut Cheerios Apples 1% Unflavored Fat Free Milk	6 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	7 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	8 Whole Grain Waffle Strawberries 1% Unflavored Fat Free Milk	9 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk
12 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	13 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	14 Whole Wheat Croissant Butter Strawberries 1% Unflavored Fat Free Milk	15 Cocoa Puffs Strawberries 1% Unflavored Fat Free Milk	16 Whole Grain Waffle Peaches 1% Unflavored Fat Free Milk
19 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	20 Multi-grain Cheerios Strawberries 1% Unflavored Fat Free Milk	21 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	22 Fruit Loops Orange Slices 1% Unflavored Fat Free Milk	23 Whole Wheat Croissant Butter Pineapples 1% Unflavored Fat Free Milk
26 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	27 Scrambled Eggs Tater Tots Apples 1% Unflavored Fat Free Milk	28 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	29 Whole Grain English Muffin Cream Cheese/Butter Pineapples 1% Unflavored Fat Free Milk	30 Multi-grain Cheerios Strawberries 1% Unflavored Fat Free Milk

* This program adheres to all dietary and religious restrictions.

League of Extraordinary Children
AUGUST 2024
 Lunch Menu



KEY:
**** Mixed Vegetables: Carrots,
 Green Peas, and Corn**

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	2 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
5 Turkey Meatball Whole Wheat Spaghetti with Sauce Orange Slices Cucumbers 1% Unflavored Fat Free Milk	6 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	7 Mac & Cheese (real cheese) Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	8 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	9 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
12 Lentil Soup Whole Grain Brown Rice Green Peas Pineapple 1% Unflavored Fat Free Milk	13 Black Beans White Rice Carrots Apples 1% Unflavored Fat Free Milk	14 Turkey Meatball Whole Wheat Spaghetti with Sauce Orange Slices Cucumbers 1% Unflavored Fat Free Milk	15 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	16 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
19 Whole Grain Brown Rice Split Pea Cucumber Banana 1% Unflavored Fat Free Milk	20 Yellow Rice Vienna Sausage on the side Green Beans Peach Slices 1% Unflavored Fat Free Milk	21 Shredded Chicken Whole Grain Brown Rice Green Peas Pineapples 1% Unflavored Fat Free Milk	22 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	23 Baked Chicken Nuggets Baked Shoe-String Potato Fry Whole Grain Bread Roll Carrots Peach Slices 1% Unflavored Fat Free Milk
26 Hot Dog Hot Dog Bun Steamed Broccoli Pineapple 1% Unflavored Fat free Milk	27 Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	28 Turkey Meatball Whole Wheat Spaghetti with Sauce Orange Slices Cucumbers 1% Unflavored Fat Free Milk	29 Black Beans White Rice Carrots Apples 1% Unflavored Fat Free Milk	30 Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk

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AUGUST 2024

P.M. Snack Menu



KEY:

**** 12 months to 23 months
receive whole milk!**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Applesauce Bananas 1% Unflavored Fat Free Milk	2 Fat Free Strawberry Jell-O 1% Unflavored Fat Free Milk
5 Baked Potato Chips Apple Juice 1% Unflavored Fat Free Milk	6 Whole Grain Tortilla Chips Cheese Peaches 1% Unflavored Fat Free Milk	7 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	8 Chocolate Chip Sugar Free Cookies 1% Unflavored Fat Free Milk	9 Whole Grain Goldfish Baked 1% Unflavored Fat Free Milk
12 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	13 Baked Potato Chips Apples 1% Unflavored Fat Free Milk	14 Chocolate Chip Sugar Free Cookies 1% Unflavored Fat Free Milk	15 Fat Free Strawberry Jell-O 1% Unflavored Fat Free Milk	16 Whole Grain Mozzarella Sticks Mandarins 1% Unflavored Fat Free Milk
19 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	20 Mozzarella Cheese 5 Saltine Crackers 1% Unflavored Fat Free Milk	21 Whole Grain Goldfish Baked Mandarins 1% Unflavored Fat Free Milk	22 Granola Bar: Chocolate Chip Strawberries 1% Unflavored Fat Free Milk	23 Pretzels Raisins Peaches 1% Unflavored Fat Free Milk
26 Whole Grain Mozzarella Sticks Mandarins 1% Unflavored Fat Free Milk	27 Whole Grain Goldfish Baked 1% Unflavored Fat Free Milk	28 Strawberry & Banana Yogurt 1% Unflavored Fat Free Milk	29 Whole Grain Cheez-it Pears 1% Unflavored Fat Free Milk	30 Fat Free Strawberry Jell-O 1% Unflavored Fat Free Milk

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